# Pandemic Handbook



Preschool Services

## Pandemic Handbook Contents

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Unit: Pandemic

Effective: 6/30/2020

Issued: 6/30/2020

Approved by: Phalos Haire, Director

## **Good Public Health Hygiene**

## Overview

#### Purpose

Practicing good public health hygiene can limit your exposure to a pandemic virus and limit the exposure to others. The purpose of this policy is to give guidance on limiting exposure to a pandemic virus.

#### Reference

The policies and regulations referenced are:

- Center for Disease Control Guidance
- San Bernardino County Public Health
- Head Start Performance Standards §1302.47(b)(1)(ii)

### **Policy Overview**

The following guidance is for good public health hygiene.

- Maintain a social distance of 6 feet from others
- Use respiratory etiquette
- Wash hands frequently
- Routinely clean and sanitize frequently touched surfaces

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## Good Public Health Hygiene

#### Introduction

Practicing good public health hygiene requires very little change from what you do now and limits exposure to a virus during a pandemic. Keep up the hygiene routines below that you practice already as well as the policies below.

Maintain the procedures in the handwashing policy and sanitization policies.

#### Social distancing

Maintain a social distance of 6 feet at all times including:

- Workspace
- Lunch/break areas
- Restroom
- Elevators
- Stairs

## Public facing services

For Public Facing Services:

- Practice good public hygiene and follow social distancing guidance of at least 6 feet when making contact with the public.
- Use other options to obtain information for the public (i.e. telephone, FAX, email, screenshot from cell phone, etc.)
- Signage outlining the requests to the public to refrain from entering a facility if they are exhibiting signs of illness associated with the pandemic.
- Use one main entrance and exit for each office and site including pick up and drop off.
- Use appointments to stagger visitors to the office and site.
- All visitors and staff are required to wear face coverings over their nose and mouth, except for children under two.
- Refrain from shaking hands.
- Avoid touching eyes, nose, and mouth.

### Traveling

When traveling is necessary, take separate vehicles. If you need to carpool, wearing a face covering is required when in the vehicle.

## Good Public Health Hygiene, continued

## Respiratory etiquette

Use respiratory etiquette:

- Cover cough with a tissue or sleeve.
- Provide adequate supplies within easy reach, including tissues, hand sanitizer, and no-touch trash cans.

## Wash hands frequently

Encourage hand washing by children and staff through education, scheduled time for handwashing, and the provision of adequate supplies. See the Handwashing policy for instructions.



## Important: Hand Sanitizer

Hand sanitizer must not be in the classroom and must be kept out of reach of children at all times.

## Clean and sanitize

Routinely clean and sanitize frequently touched surfaces and toys. See the Cleaning, Sanitizing, and Disinfecting policy for instructions.

## Mental hygiene: managing stress

The following are strategies for managing stress:

- Minimize consumption of news by taking breaks from reading or watching news.
- Maintain supportive relationships by keeping in touch with friends, family, or others.
- Engage in physical activity every day.
- Get sufficient, high quality sleep.
- Eat healthy foods, exercise if you can, and avoid too much alcohol.
- Engage in mental health care. Call your health care provider if anxiety prevents you from engaging in daily activities.



Unit: Pandemic Effective: 6/30/2020

Issued: 6/30/2020

Approved by: Phalos Haire, Director

## **Group Size and Class Ratios**

## Overview

#### **Purpose**

The purpose of this policy is to support the Center for Disease Control guidance on social distancing during a pandemic.

The goal of this recommendation is to prevent people physically coming together unnecessarily, where people who have the infection can easily spread it to others.

#### Reference

The policies and regulations referenced are:

- Center for Disease Control Guidance
- California Department of Public Health

### **Policy Overview**

The California Department of Public Health has put in place the following orders.

- Large groups that include 250 people or more should be postponed or cancelled. This includes resource fairs.
- Smaller groups held in venues that do not allow social distancing of six feet per person should be postponed or cancelled.
- Group size of individuals are limited to no more than 10 people this includes the classroom. Children and Teachers are both counted in group size.

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## **Group Size**

#### **Effective date**

These policies are effective immediately and remain in place until further notice.

CDC guidance will be continually monitored to evaluate if any elements of this policy need to be changed.

#### **Group size**

Group size cannot be more than 10 including children and Teachers.



## What is a group?

A *group* is any event or convening that brings together people in a single room or single space at the same time, such as an auditorium, stadium, arena, large conference room, meeting hall, cafeteria, or any other indoor or outdoor space.

#### Policy

The California Department of Public Health has put in place the following orders:

- Large groups that include 250 people or more should be postponed or cancelled. This includes resource fairs.
- Smaller groups held in venues that do not allow social distancing of six feet per person should be held via Zoom. This includes:
  - Parent or Staff meetings
  - Policy Council meetings
  - Shared Governance Board meetings
  - In service trainings
  - Family and child socialization activities
- Groups of individuals are limited to no more than 10 people this includes classrooms. Children and Teachers are included in group size.

## Policy: Outdoor time

Consider implementing staggered outdoor times to limit the number of students who are together; and if possible, have children play outdoor with their classrooms and not multiple classrooms together.

## Group Size, Continued

## Is the group essential?

Groups should only be conducted when they are essential. If they can be postponed, then postpone them.

However, operations must continue and meetings are an essential form of communication. If meetings can be conducted by phone, or teleconference, Zoom, Face Time, Web X, or other alternative methods, use those methods.

Social gatherings are not essential.



## What if the group is essential?

If a group meeting is essential and you are unable to facilitate it using the phone or teleconference, use the following guidelines:

- Stagger activities.
- Add frequency of an event to spread out attendance, e.g. hold more, smaller gatherings.
- Add distance between where individuals sit or stand around tables.
- Add additional hand washing stations and restrooms.
- Limit the number of people in lines.
- Avoid direct, physical contact, such as hand-shaking, holding hands, and hugging.
- Extend hours to allow for staggering of attendance or participation.
- Use phones, videos or video conferencing to reduce the need for close interactions
- Remind people to stay home if they have a fever and/or respiratory symptoms.

## **Class Ratios**

## **Policy**

Class ratios have not changed due to the pandemic, only group size has been reduced. Groups of children including teachers cannot exceed 10.

## How group size relates to child ratios

Each age group has a maximum group size. When child ratios are met, the maximum group size cannot be exceeded, unless it meets the exception criteria.

## Example of **incorrect** group size:

- 1 teacher to 8 children = correct child ratio
- +1 teacher to 8 children = correct child ratio
- = 2 Teachers and 16 children, is above the maximum group size of 10

## Child Care Center

Use the following chart to identify the maximum group size and child ratio in a childcare center.

Age of the majority children	Maximum Group Size	Adult/Child Ratio				
0-18 months	6 children with 2 teachers	1 teacher : 3 children				
18m – 3yrs	8 children with 2 teachers	1 teacher : 4 children				
3-5 years	8 children with 2 teachers	1 teacher : 8 children				

## Class Ratios, Continued

## Family Child Care

Use the following chart to identify the maximum group size and child ratio in a family child care.

Age of the majority children	Maximum Group Size	Adult/Child Ratio
0-5 years	<ul> <li>6 children with 1 teacher</li> <li>No more than 2 children under the age of 24 months</li> </ul>	1 teacher : 6 children
	<ul> <li>8 children with 2 teachers</li> <li>No more than 4 children under the age of 24 months</li> </ul>	1 teacher : 6 children
Under 36 months	<ul> <li>4 children with 1 teacher</li> <li>No more than 2 under the age of 18 months</li> </ul>	1 teacher : 4 infants/toddlers

## **Home Based**

A home based teacher has a maximum caseload of 12 families. Home Based child counts may increase if a family has more than one child enrolled in the program.



Unit: Pandemic Effective: 6/30/2020

Issued: 6/30/2020



## **Distribution of Nutritious Meals**

## Overview

### Purpose

To outline the process for distributing nutritious meals to parents of children who are currently enrolled in the Preschool Services Department (PSD) Head Start (HS), Early Head Start (EHS) during a prolonged site closure.

#### Reference

The policies and regulations referenced are:

- Head Start Performance Standards: §1302.40(a), §1302.40(b), and §1302.44
- United States Department of Agriculture Child Adult Care Food Program (CACFP)

### Policy overview

The Program Quality Specialist communicates with the Site Supervisor and the Food Service Worker to distribute nutritious meals to:

- Parents of HS enrolled children
- Parents of EHS center-based enrolled children

#### Contents

The following is a table of contents.

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## **Procedures**

## **Policy**

PSD will distribute CACFP-compliant meals on Mondays and Wednesdays from 10 AM to 2 PM to all enrolled children who go to sites to receive meals during scheduled pick up time.



## Process for distribution

Use the following to distribute CACFP compliant Nutritious Meals:

Stage	Who	Does What
1	PSD Program Quality Specialist	<ul> <li>Coordinates and approves weekly menu for distribution of CACFP-compliant meals for all PSD HS sites</li> <li>Coordinates with the Food Vendor to order CACFP-compliant meals for PSD HS sites</li> <li>Reviews and approves the Food Vendor delivery schedule for each site</li> </ul>
2	Food Vendor	Delivers CACFP-compliant meals to PSD HS sites
3	PSD Program Quality Specialist	Informs the Food Service Worker and Site Supervisor of the scheduled delivery to ensure someone is present to receive it
4	Food Service staff and Generalists	Receives, inventories, and stores CACFP-compliant meals
5	Food Services staff, Teachers, and Generalists	<ul> <li>Gathers CACFP compliant meals for distribution</li> <li>Ensures any perishable items are properly stored until distribution to parent</li> <li>Assemble and records amounts for distribution of CACFP-compliant meal for each child at the site on menu production record</li> <li>Verifies child enrollment from school class list and parent identification</li> <li>Supplies parent with CACFP-compliant meal</li> </ul>

## Parent from another site

If a parent of child enrolled at another PSD HS site request a CACFP-compliant meal, one will be provided and parent will be encouraged to pick up from the site where their child is enrolled. Parent can make arrangements to pick up at a different site on an ongoing basis upon approval of the PSD Program Quality Specialist.



Unit: Pandemic Effective: 6/30/2020

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Approved by: Phalos Haire, Director

## **Face Coverings**

## Overview

## Purpose

The purpose of this policy is to reduce the amount of exposure to a pandemic.

#### Reference

The policies and regulations referenced are:

- Health and Safety Code §101030; 120100,
- Title 17 of the California Code of Regulations §2501.

#### **Policy Overview**

All employees are required to wear face coverings that cover their nose and mouth while at their worksite.

All individuals entering a San Bernardino County, Preschool Services Department facility are required to wear a face covering over their nose and mouth, including children over the age of two.

Do not cover the face with cloth or place a facemask on a child under two years old because it is a safety hazard.

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## **Face Coverings**

#### **Policy**

The following is the face covering policy:

- All employees are required to wear masks that cover their nose and mouth while at their worksite.
- All individuals entering a San Bernardino County, Preschool Services
   Department facility are required to use face coverings over their nose and
   mouth, including children over the age of two.
- Offer a mask to anyone who comes to the office and is not wearing a face covering.
- If a person refuses to wear a face covering, be flexible with serving the public, offer service options such as Zoom, Face time, phone call, etc.
- When serving the public, be sure you are 6 feet away and wearing a facemask covering your nose and mouth.
- Do not cover the face with cloth or place a facemask on a child under two years old because it is a safety hazard.

#### Rationale

Face coverings are used to reduce the exposure to a pandemic. An infected person can transmit the virus by being in close proximity to others before showing any symptoms.



## What is a face covering?

A *Face Covering* is a dense fabric without holes that covers your nose and mouth such as scarves, bandanas, or neck gaiters.

## Children and face coverings

If a child, 2-5 year old, refused to or removes a face covering, do not send the child home. Encourage the child to wear a face covering. Children under 2 should not wear face coverings.

## Face Coverings, Continued



What if the person is not wearing a face covering?

When discussing face coverings with the public, complete the following:

If the person	Then
Is not wearing a face covering	Politely ask them to wear one as per the
	regulation.
Does not have a face covering	Offer them a facemask to wear.
Refuses to wear a face	Do not refuse services, but do not
covering	allow them into the office or site.
	Offer them services via phone, zoom,
	face time or other options.

Signs

Display the *Wear Mask and Social Distancing* signs in English and Spanish at the main entrance and other public, common areas.

## **Section 1: Center Based Distance Learning**

## **Overview**

## Introduction

The following is information for Center Based Distance Learning for Head Start and Early Head Start.

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## **PowerPoint Activities**

## Distance Learning Committee

The Distance Learning Committee is comprised of Site Supervisors who meet weekly to prepare a new lesson (PowerPoint).

## The PowerPoint Distribution and tracking process

The following is the weekly PowerPoint Distribution and Tracking process:

Stage	Who	Does What
1	Distance	Creates a new PowerPoint.
	Learning	• Sends it to the Managers by Thursday.
	Committee	
2	Managers Group	Approves the PowerPoint
		• Sends it to the Site Supervisors by Friday.
3	Site Supervisor	Sends it to the Teachers on Monday.
4	Teachers	Sends the PowerPoint to the parents on
		Monday and cc's the Site Supervisor so that
		they can track what was sent.
5	Site Supervisor	Email to the manager on Monday with a list
		of who is sending out the PowerPoint.

## PowerPoint Parent Activities

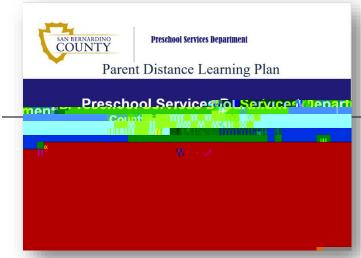
The intent of the PowerPoint activities component is to reach all Head Start and Early Head Start families who may not be fully engaged in web-based virtual classroom learning activities and to supplement those families who are participating in web-based learning.

- The PowerPoint is updated weekly by a team of site supervisors, overseen by managers.
- The PowerPoint is due to managers by Thursday of each week for review and distribution.
- Once approved, Teachers will send the PowerPoint to parents weekly.
- This general document is uniform agency-wide and includes activities that are appropriate for children in all domains.

## PowerPoint Activities, Continued

PowerPoint 1<sup>st</sup> page.

The first page of the Head Start/Early Head Start PowerPoint is represented below.



## **Center Based Virtual Classroom Activities**

#### Introduction

Distance learning and virtual classroom activities can be live via technology or recorded for later use.

#### **Lesson Plans**

All teachers will continue to create weekly lesson plans, which show individualized activities for each child to include IEP and IFSP goals. Send the lesson plan to the Site Supervisor for review.



# How much time is each activity required to take?

As a requirement of the Head Start Performance Standards, educational activities must be provided to children daily. The amount of time is specific to the current curriculum.

Flexibility to the daily schedule is allowable. Activities should take as much time as needed to complete the activity. Keep the items limited to the attention span of the participants. Please allow time for all participants to log into the meeting.

#### **Zoom Meetings**

Zoom meetings will be hosted by teachers daily, for each class. For double session classes, a morning and afternoon meeting will be conducted. Individualization activities will be implemented during zoom meetings

#### Generalists

Teachers will include the Generalist in one of the zoom meeting classrooms per month per classroom to introduce the Generalist to the families and allow the Generalist to follow up on required items.

## Special Education Specialists

Special Education Specialists are responsible for the following:

- Monitor IEP/IFSPs.
- Provide direction to Teachers regarding individualization to align with IEP/IFSP goals.
- Consult with parents to address any questions related to the IEP/IFSP process.

## **Center Based Lesson Plan**

## Head Start Lesson plan

The following is the Head Start Center Based Lesson Plan.

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## Center Based Lesson Plan, Continued

Group Planning
Form

Early Head Start The following is the Early Head Start Center Based Group Planning Form.

#### PRESCHOOL SERVICES DEPARTMENT EARLY HEAD START GROUP PLANNING FORM

WEEK:	
TEACHER:	
SUPERVISOR SIGNATURE	



Changes to the environment:	
Changes to routines and schedules:	
Family Involvement:	

Special Experiences I Plan to offer this week

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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	A	A	A	A	A
DIDOOR	Arrival:	Arrival:	Arrival:	Arrival:	Arrival:
INDOOR EXPERIENCES	LG:	LG:	LG:	LG:	LG:
EAPERIENCES	LG:	LG:	LG:	LG:	LG:
	Book/Finger Play:	Book/Finger Play:	Book/Finger Play:	Book/Finger Play:	Book/Finger Play:
	MM:	MM:	MM:	MM:	MM:
	Song:	Song:	Song:	Song:	Song:
	SG:	SG:	SG:	SG:	SG:
	СМН:	СМН:	СМН:	CMH:	СМН:
	Safety:	Safety:	Safety:	Safety:	Safety:
OUTDOOR	Activity:	Activity:	Activity:	Activity:	Activity:
EXPERIENCES					

Thoughts for next week:	

<sup>\*</sup> Individual Planning Form is located in child's file

## Center Based Lesson Plan, Continued

Early Head Start The Group Planning Form

**Early Head Start** The following is the Early Head Start Individual Planning Form.

#### PRESCHOOL SERVICES DEPARTMENT EARLY HEAD START INDIVIDUAL PLANNING FORM

	EARLY HEAD START
WEEK:	DIVIDUAL PLANNING FORM
TEACHER:	
CLASSROOM:	
4	
CHILD:	CHILD:
Current Information: Plans:	Current Information: Plans:
	rians.
CHILD:	CHILD:
Current Information:	Current Information:
Plans:	Plans:

## **Individualizing for Disabilities**

## Teachers and, Aides

Staff will provide activities for children with active IEPs/IFSPs weekly.

Step	Action
1	Enter documentation of the completed IEP/IFSP-related
	individualization into the Disability Module in Child Plus
2	Include IEP/IFSP individualization goals in the weekly lesson
	plans
3	Provide resources to parents.
	Individualize for the child/family and provide support
	Give parents activities to support IEP/IFSP goals at home
4	Request any feedback related to child's progress toward
	meeting IEP/IFSP goals
5	Receive updates/Observations from parents and document in
	Learning Genie for DRDP outcomes

## **Access to Learning Genie**

## Getting to the Learning Genie Application

If you are using a County issued phone or County issued Tablets, the Learning Genie app may already be installed. If your app is not installed, you may access the Learning Genie Application by going to

https://www.learning-genie.com

## Username and Password

To sign in, use your work email as the username and enter your password.

## How to find a child

Click on your class:

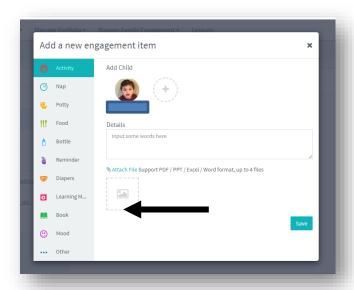


## **Attaching Photos**

## Attaching Photo with the tablet

Attaching Photos To attach photos with the tablet:

- 1. Click on Class
- 2. Click on the Child
- 3. Go to the **Engagement** tab
- 4. Click on **Attach File:** you can share up to 4 pictures at a time.



## Attaching photos with the phone

To attach photos with the phone:

- 1. Click on the Class
- 2. Click on the Child
- 3. Click on the Camera icon

To attach a screen shot with mobile device 00.00.01.1.1.1.1. Click **Power** button and I simultaneously 00.00.01.1.1.1.2. Click **teal blue icon** and pi your camera roll

Click on the Teal Blue Icon to access existing photos on your phone.

e.g., You could enter your observation note here and tag the corresponding measure or tags below.

Hold to Talk

Add Tags

MReference

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SED-Sociál an... 
COG-Cognitio... 
COG-Cognitio... 
Add Children

Add Children

All

O3/26/2020

Share in Engagement

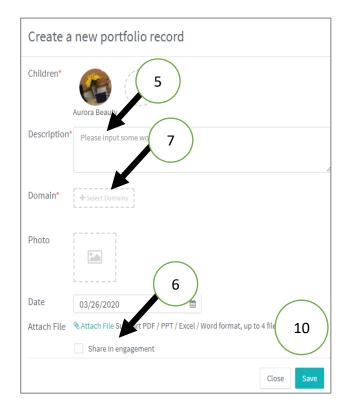
Click on the Yellow Camera icon to take instant photos.

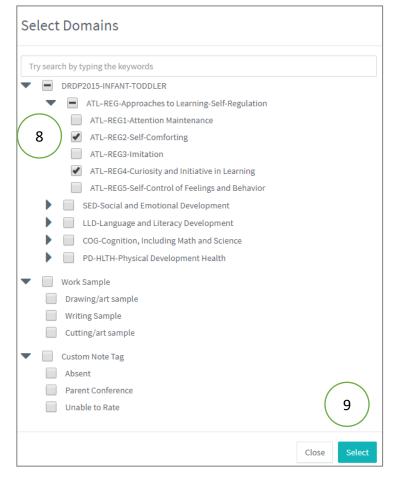
## **Entering an Observation**

## observation

**How to enter an** Use the following to enter an observation:

Step	Action
1	Click on a Class.
2	Click on the <b>Portfolio</b> tab.
3	Click on a Child.
4	Click on the <b>Plus Sign</b> icon in the upper right-hand corner. (on your phone, the Plus Sign is red)
5	
	Click in the <b>Description</b> box and type in your observation.
6	Click on <b>Share in engagement</b> box at the bottom,
7	Click on the <b>Domain</b> box to get a Select Domains screen.
8	Click on the <b>Arrow</b> to open the domains
	• Click the <b>Domain(s).</b>
9	Click Select.
10	Click <b>Save</b> . For the iPAD, click the green check mark at the top
	right for the iPhone.



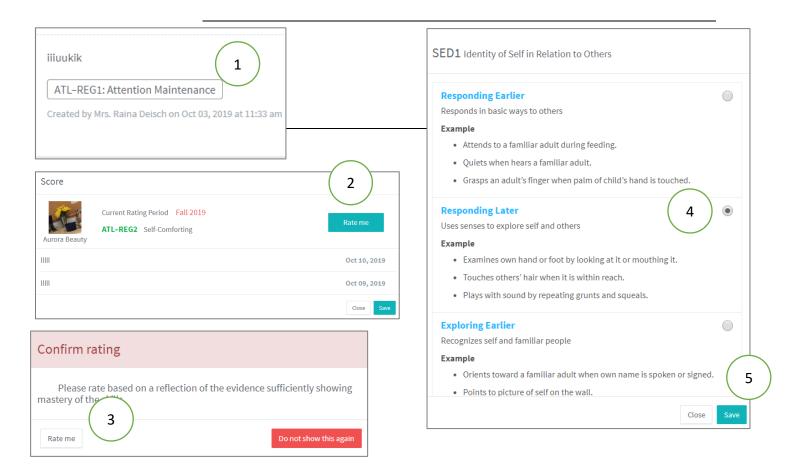


## **Rating an Observation**

## How to rate an observation

Use the following to rate an observation.

Step	Action
1	Click the <b>Measure</b> in the observation box.
2	Click on the green <b>Rate Me</b> button.
3	Click on <b>Rate Me</b> in the Confirm Rate Me window.
4	Select the radio button next to the rating.
	• Click <b>Save.</b>
5	Click <b>Save</b> in the Score box.





## **Using Khan Kids Academy**

## Khan Kids Academy

Khan Kids Academy is a free early learning mobile application. No ads, no subscriptions, no in-app purchases.

- Comprehensive content including thousands of original activities for kids ages 2-7 that delve deep into English Language Arts, Math, Social Emotional
- Learning, Creative Expression and more!
- Developed with educational specialists and aligned with Common Core
- Standards and Head Start Early Learning Outcomes Framework.
- A fun, interactive journey for every child to reach Kindergarten readiness, regardless of background, socio-economic status or resources.

## How Khan Academy should be used

Khan Academy should be used daily.

The expectations are that the teacher will:

- Set up the class
- Create lessons (Head Start, Common Core)
- Assign lessons to students
- View reports to monitor student progress

## Learning how to navigate and use the site

Go to khankids.zendesk.com and see all the resources available. There are step by step instructions and videos for:

- Setting up a class
- Creating lessons
- Assigning lessons
- Viewing reports

## Where to go for questions

If you have questions:

- About applications or software, ask your Cluster Leader
- About hardware, equipment, or connection, ask our IT staff

## **Section 2: Home Based Distance Learning**

## **Overview**

## Introduction

The following information is for Home Based Distance Learning.

## Contents

Topic	See Page
Home Based Virtual Home Visiting	16
How to Conduct a Virtual Home Visit	18
Adding an Event	19
Home Base Distance Learning Visiting Form	20
Completing the Home Base Lesson Plan in ChildPlus	21

## **Home Based Virtual Home Visiting**

### **Policy**

In the event of a natural disaster, epidemic or situations causing the closure of center based and home based classes, home based visits and socialization activities, the virtual home visiting and distance learning will be implemented.

In place of in-home visits, Teachers, Aides, Nurses and Home Visitors will conduct virtual home visits. In place of classrooms, classroom Teachers will conduct virtual classroom activities.

## Ways to conduct virtual visits

The following are ways to conduct virtual visits:

- Face Time
- Zoom
- Skype
- GoToMeeting
- Other web-based meeting platforms
- Telephone if other methods cannot be used



## Are we required to conduct a 90minute Virtual Home Visit?

No. A virtual home visit may be completed in less time. However, we are required to be available for a 90-minute virtual visit if that is the need of the family.

## Special Education Specialists

Special Education Specialists are responsible for the following:

- Monitor IEP/IFSPs.
- Provide direction to Teachers regarding individualization to align with IEP/IFSP goals.
- Consult with parents to address any questions related to the IEP/IFSP process.

## Home Based Virtual Home Visiting, Continued

## Home Visitors and Nurses

The following information is for Home Visitors and Nurses:

- Staff will continue to provide consultation and outreach services to families during their normally scheduled home visit times via telephone or web-based meetings.
- Home Visit plans and any relevant documentation will be completed and uploaded to Child Plus and submitted with the end of month paperwork.
- Staff to document on the visit plan that the visit was conducted virtually.

## Teachers, Aides, Nurses, and Home Visitors

Staff will conduct weekly virtual home visits for the children.

- Staff will provide consultation and outreach services to families via telephone or web-based meetings.
- Documentation of the completed family engagement outreach will be inputted in the Family Services Module in Child Plus.
  - Staff will receive a step sheet outlining how to input and document services provided using the telephone or web based meetings in the Family Services Module.
- Staff will provide resources to parents.
  - Staff will individualize for the child/family and provide appropriate school readiness ideas to parents for activities they can do with their children while they are at home.
    - Parents will be provided School to Home Activity Sheets for ideas.
    - Parents will be informed of the Footsteps2Brilliance application and provided guidance on downloading to a phone or mobile device.
- Staff will discuss child's goals, screenings, and assessments with parent and update as necessary.
- Staff will review the DRDP tool with the family and receive family input on observations of the child at home.
  - Family observations will be entered into Learning Genie for scoring
- Staff will follow up on Family Services Assessments (FSA) to identify any needs, strengths or interests.
  - FSA's will be updated and entered into Child Plus
- Staff wil request any required Health information from the parent.

## **How to Conduct a Virtual Home Visit**



Conducting a virtual home visit

Use the following to conduct a virtual home visit:

Note: A virtual home visit may be completed in less time. However, we are required to be available for a 90-minute virtual visit if that is the need of the family.

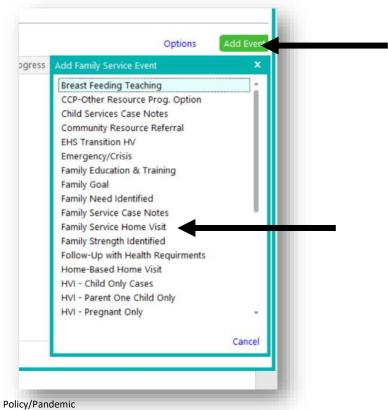
Step	Action	Time
1	Warm and Positive Greeting to:	5 mins
	Focus attention on parents	
	Create an enthusiastic environment	
2	Follow Up/FPA Parent Goals/Health Follow Up to:	10 mins
	Review parents' and children's experiences of the past week	(Teaching
	Reinforce family's accomplishments	staff)
	Check progress of family goals and/or establish next steps	10 mins
	Ensure children are provided health services	(Nurses)
3	Focus on Family Issues/FSA Follow Up to:	15 mins
	Share program and community announcements and information	
	Share program component information	
	Guide the family in meeting identified goals	
4	Parent/Child Interaction Activities to:	45 mins
	Encourage positive interaction	(Teaching
	Provide the opportunity for learning experiences	staff)
	Generalize and expand skills	10 mins
	Present component information geared for child	(Nurses)
	Reinforce the parent as the primary educator of the child.	
	Complete virtual activities such as read a story, use items for	
	counting, singing songs, music and movement (Head Shoulders knees and toes etc.)	
5	Co-Planning/Paperwork:	10 mins
	To involve parents in selecting appropriate experiences for the	
	next virtual visit	
	After discussion, to encourage parents to choose follow-through	
	experiences	
6	Evaluation/Closure:	5 mins
	• To involve parents in assessing how the experiences went (e.g.,	
	what was learned, what could be improved, what went well, what	
	the parent did well)	

## **Adding an Event**

## How to add an event

Use the following to add an Event in ChildPlus.  $\label{eq:continuous} % \begin{center} \begin{$ 

Step	Action
1	• Click on <b>Services.</b>
	Select a Child.
2	Go to the <b>Family Services</b> tab.
3	Click on the <b>Add Event</b> button.
4	• Select Family Service Home Visit.
	Enter all information
5	Click on Add Action:
	Action Type: Direct
	Action Date: Today's Date
	Type of Contact: Phone
	Status: Action Complete
	Case Worker: Find your Name
	Action Notes: Time Stamp the notes
6	Click Save.
7	Click Save.



Policy/Pandemio 06.18.2020.lme

## **Home Base Distance Learning Visiting Form**

Form

The following is the Distance Learning Visiting Form also known as the lesson Plan.

CHILD'S NAME:	DATE:			TIME: to
ARENT'S NAME:				
VIRITUAL MEETING				
DATE OF NEXT VIRTUAL MEETING:		FOCUS AI	REA:	
FOLLOW UP/CONCERNS:		PARENT I	NPUT/OBSERVAT	TONS:
LESSON PLAN FOCUS:				
FPA GOAL(S):		CHILD GO	OAL(S):	
WHAT PARENT WILL DO:		ACTIVITY	<i>T</i> :	
WHAT HELP IS NEEDED:	<b>v</b>	1		EEK: (Parent/Child Interaction)
RESOURCES/REMINDERS:		4 5		
PARENT SIGNATURE:	DATE:			
STAFF SIGNATURE: DATE:				

## **Completing the Home Base Lesson Plan in ChildPlus**

## Complete the Lesson Plan

Use the following to complete the Lesson Plan.

Step	Action		
1	Enter the information in the first section:		
	Child's Name		
	• Date		
	Parent Name		
	Time of Visit		
	Teacher Name		
2	Enter the information in the second section:		
	Follow-up concerns		
	Lesson plan focus		
	Child goals		
	Activity		
	Activities due this week		
	Observations/DRDP Measures (see Learning Genie Job Aid)		
	Parent input/observations		
	• FPA Goals		
3	Go to ChildPlus to complete the steps below.		

## How to Complete the Lesson Plan in ChildPlus

Use the following to complete a lesson plan in ChildPlus.

Step	Action
1	Go to Family Services in the child's case.
2	• Go to Event
	• Click Add Event
	• Select Family Services Case Notes
3	Complete all fields
	• Click Save
4	Complete all fields
	• Click Save
5	Complete the FPA. (See page 2)

## How to use an event

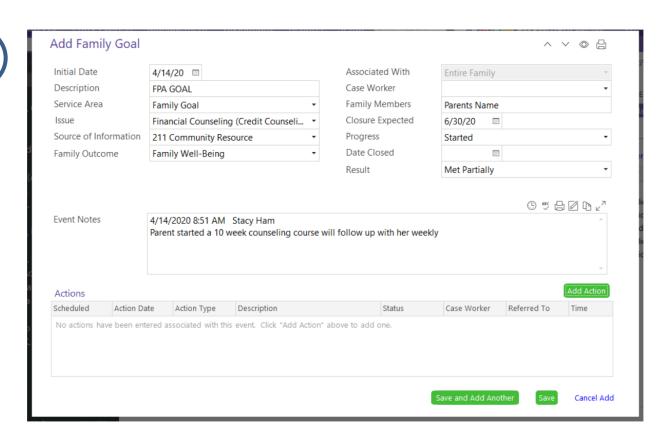
Under Family Services, reopen the event to add more Add Actions as they occur until the Status is Completed.

## Completing the Home Base Lesson Plan in ChildPlus, Continued

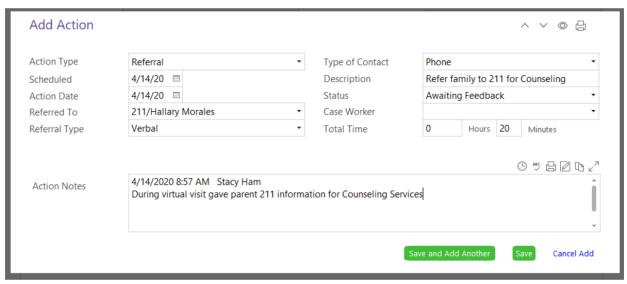
**Examples** 

See the examples below to complete an FPA in ChildPlus.





2



## Cleaning, Disinfecting, and Sanitizing

### **Policy: Cleaning**

Clean and disinfect surfaces and objects that are touched often. Follow your standard procedures for routine cleaning and disinfecting.

Typically, this means daily sanitizing surfaces and objects that are touched often, such as desks, countertops, doorknobs, computer keyboards, hands-on learning items, faucet handles, phones, and toys.

Immediately clean surfaces and objects that are visibly soiled. If surfaces or objects are soiled with body fluids or blood, use gloves and other standard precautions to avoid coming into contact with the fluid. Remove the spill, and then clean and disinfect the surface.

## Responsibility

It is everyone's responsibility to clean, disinfect, and sanitize. Please wipe down an area after you are finished using it.



## Important: keep out of reach of children

Keep all cleansers and hand sanitizer out of the reach of children.

#### Online training

To use disinfectant, staff must have completed the online pesticide/chemicals training by the California Department of Pesticide Regulation. https://online2.cce.csus.edu/dpr/login/index.php

#### **Definitions**

The difference between cleaning, disinfecting, and sanitizing is the following:

- Cleaning removes germs, dirt, and impurities from surfaces or objects.

  Cleaning works by using soap (or detergent) and water to physically remove germs from surfaces.
  - This process does not necessarily kill germs, but by removing them, it lowers their numbers and the risk of spreading infection.
  - When cleaning, use the standard Purell cleaner/sanitizer as directed.
- **Disinfecting kills germs** on surfaces or objects. Disinfecting works by using chemicals to kill germs on surfaces or objects.
  - This process does not necessarily clean dirty surfaces or remove germs, but by killing germs on a surface after cleaning, it can further lower the risk of spreading infection.
  - L&M are disinfecting weekly using the PURETAB process.
- Sanitizing lowers the number of germs on surfaces or objects to a safe level, as judged by public health standards or requirements.
  - This process works by either cleaning or disinfecting surfaces or objects to lower the risk of spreading infection.
  - When sanitizing use the standard Purell cleaner/sanitizer as directed.

## Frequency of cleaning

Use the following to determine the frequency of cleaning:

## **Tables, Desks, and Counter Tops**

- At the beginning of the day
- At the end of the day
- Before and after meals
- After table activities

#### **Toys**

- After large and small group times
- After work times
- At the end of the day
- Any time a child exposes items to bodily fluids (sneezing, coughing, putting items in their mouth)

#### Sites

• Sites will be disinfected by the PURETAB process by Logistics and Maintenance

# Clean and disinfect correctly

To clean and disinfect correctly, use the following guidelines:

- Follow label directions on cleaning products and disinfectants.
- Wash surfaces with a general household cleaner to remove germs. Rinse with water, and follow with an EPA-registered disinfectant to kill germs.
- Read the label to make sure it states that EPA has approved the product for effectiveness against influenza A virus.
- Read the label directions carefully, as there may be a separate procedure for using the product as a cleaner or as a disinfectant.
  - Disinfection usually requires the product to remain on the surface for a certain period (e.g., letting it stand for 3 to 5 minutes).
- Use disinfecting wipes on electronic items that are touched often, such as phones and computers. Pay close attention to the directions for using disinfecting wipes.
  - It may be necessary to use more than one wipe to keep the surface wet for the stated length of contact time.

## Purell instructions

After spraying, wait and let Purell stay on the surface for at least 30 seconds before wiping to kill viruses.

#### Be safe

To be safe, use the following guidelines:

- Pay close attention to hazard warnings and directions on product labels.
- Cleaning products and disinfectants often call for the use of gloves or eye protection.
  - For example, gloves should always be worn to protect your hands when working with bleach solutions.
- Do not mix cleaners and disinfectants unless the labels indicate it is safe to do so. Combining certain products (such as chlorine bleach and ammonia cleaners) can result in serious injury or death.
- Read and understand all instruction labels and understand safe and appropriate use.

## Handle waste properly

To handle waste properly, use the following guidelines:

- Place no-touch wastebaskets where they are easy to use.
- Throw disposable items used to clean surfaces and items in the trash immediately after use.
- Avoid touching used tissues and other waste when emptying wastebaskets.
- Wash your hands with soap and water after emptying wastebaskets and touching used tissues and similar waste.

## If someone is ill on site

The following is recommended:

- Close off areas used by the ill person.
- Wait as long as practical before beginning cleaning and disinfection to minimize potential for exposure to respiratory droplets.
- If possible, wait up to 24 hours. Before beginning cleaning and disinfection.
- Open outside doors and windows to increase air circulation in the area.
- Clean and disinfect common areas where others may come into contact with an ill person.

# Removing cleaning protective equipment

When removing personal protective equipment:

- 1. Remove and dispose of gloves.
- 2. Clean your hands with soap and water or alcohol-based hand sanitizer.
- 3. Place all used gloves, facemasks and other contaminated items in a lined container before disposing of them with other household waste.

## Cleaning Hard, non-porous surfaces

If surfaces are dirty, they should be cleaned using a detergent or soap and water prior to disinfection.

- For disinfection, most common EPA-registered household disinfectants should be effective.
- Follow the manufacturer's instructions for all cleaning and disinfection products for concentration, application method and contact time, etc.

## Soft, porous surfaces

For soft (porous) surfaces such as carpeted floor, rugs, and drapes, remove visible contamination if present and clean with appropriate cleaners indicated for use on these surfaces.

#### After cleaning

If the items can be laundered, launder items in accordance with the manufacturer's instructions using the warmest appropriate water setting for the items and then dry items completely.

#### **Electronics**

For electronics such as tablets, touch screens, keyboards, and remote controls, remove visible contamination if present.

- Follow the manufacturer's instructions for all cleaning and disinfection products.
- Consider use of covers for electronics.
- If no manufacturer guidance is available, consider the use of alcohol-based wipes or sprays containing at least 70% alcohol to disinfect touch screens.
- Dry surfaces thoroughly to avoid pooling of liquids.

#### Linens

In order to minimize the possibility of dispersing virus through the air, do not shake dirty laundry.

- Wash items as appropriate in accordance with the manufacturer's instructions. If possible, launder items using the warmest appropriate water setting for the items and dry items completely.
- Dirty laundry that has been in contact with an ill person can be washed with other people's items.
- Clean and disinfect hampers or other carts for transporting laundry according to guidance above for hard or soft surfaces.



Unit: Pandemic Effective: 6/11/2020

Issued 6/11/2020



## **Class Suspensions Due to a Pandemic**

## Overview

### **Purpose**

The purpose of this policy is to provide guidance on how and when classes will be suspended for pandemic related reasons.

#### Reference

The policies and regulations referenced are:

- Center for Disease Control Guidelines
- San Bernardino County Public Health Guidelines

### **Policy Overview**

The following are the policies:

- In consultation with County Leadership, the Director will issue the directive for suspending classes during a pandemic.
- Families enrolled in suspended program options will be informed by phone, parent letter, email, and text through the ChildPlus system.

#### Contents

Topic	See Page
Class Suspensions During a Pandemic	2

## **Class Suspensions During a Pandemic**

## **Policy**

The following are the policies for class suspensions:

- In consultation with County Leadership, the Director will issue the directive for suspending classes during a pandemic.
- Families enrolled in suspended program options will be informed by phone, parent letter, email, or text through the ChildPlus system.

## Options during class suspensions

If classes are suspended, telecommuting and distance learning will be used to maintain services to families.

Telecommuting and distance learning options include Zoom, Face time, Microsoft Teams, using the phone, etc.

This includes virtual home visits, virtual classrooms, and virtual socializations.

## Support Services

Support Services such as mental health, nutrition education, disabilities, and family engagement services continue to be provided using distance service methods.

### **Meal Service**

In the event of a pandemic, the Child and Adult Care Food Program (CACFP) may provided guidance on allowing Head Start facilities to provide food to children in the event of class suspensions such as:

- Food services and meal pick up will continue for the child's program year.
- Referrals to resources in the community for food and other resources should be provided to families to include local schools, churches, and other community organizations.